



Ecology Matters

Fall 2010 | Volume 15

The Newsletter of the Ferry Beach Ecology School

Proof Positive

Excitement around the SELU (Science and Ecology: Live and Unplugged!) program continues to build. Since the fall of 2007, SELU has provided multi-year, environmental education experiences to students in grades K-5 in Maine School Administrative District #60 (Lebanon, North Berwick, Berwick). Twice per year, students visit various ecosystems and explore their schoolyards, while engaging in hands-on field ecology with Ferry Beach Ecology School staff.

In the fall of 2009 we launched a six-year Impact Study to measure the effectiveness of our sequential and cumulative program model. To conduct this study, we contracted with Peer Associates, a well-known environmental and place-based educational research organization.



Berwick Kindergartner exploring during a School Yard Sensory Program.

In Year One (2009-2010) of the FBES Impact Study, survey questions were formulated and focus groups were conducted with students and teachers from the Lebanon Schools. Since the data has been analyzed and the first round of results presented, the excitement has grown.

The preliminary evidence showed that the SELU program is accomplishing its goal of increasing student comfort in nature, instilling environmental literacy and stewardship, improving students' grasp of science content and skills, and supporting personal development. The initial findings of the SELU Impact Study are highly encouraging and help to validate the effectiveness of our multi-year model.



Lebanon 4th grader during a visit to Ferry Beach Ecology School's forest.

As the Impact Study moves ahead into Year Two, we will be gathering data from additional schools involved in SELU programs. In addition, Year Two will include focus groups with families to gauge the program's effect on students' communities, and serve as a springboard to increase parent involvement in their children's education. The results of the Impact Study will be used to internally evaluate our programs and help develop and improve future programming. Results will also serve to prove our case as we expand our programs and seek additional funding.

The Executive Summary and the Utilization Preview results have been posted on the "Multi-Year Programs" page of our website -www.fbes.org. Please check out these impressive results! See page 5 for more information about our SELU programs.

Poland Spring 2010 Good Neighbor Award

In July, Poland Spring Bottling Company presented the 2010 Good Neighbor Award to Ferry Beach Ecology School in recognition of cultivating environmental literacy among Maine's young people. Poland Spring's partnership with Ferry Beach Ecology School has spanned nearly a decade and over that time, Poland Spring has contributed in excess of \$155,000 to ensure that more than 800 students from Regional School Unit 16 (Poland, Minot and Mechanic Falls, Maine) could participate in the Ferry Beach Ecology School residential environmental education program.



(left) RSU 16's 6th grade students posing at the end of their three day visit to the Ferry Beach Campus



(right) Drew Dumsch (ctr) with Poland Spring's Bill Maples (l) and parent company Nestle Waters' CEO Kim Jeffrey (r) at the ceremony





“I just wanted to say thank you to [Meg] for being such a fun and enthusiastic presenter! It was a great workshop! I have already taught “Wanda’s Water Cycle Song” to my 5th graders and they totally dig it. You are fantastic at what you do and I hope our paths cross again!”

-Sara Rose, Teacher at Samuel Morey Elementary School who attended a FBES teacher workshop.

A Sonnet for Fortitude & Eco-Patience

By: Executive Director Drew Dumsch

I’ve read that climate change is here,
that food and water will be scant.
Motivated by intense fears
reason is lost to fiery rants.

Political divisiveness
destroys the common ground and leads
to a lack of decisiveness:
withdraw nourishment, kill the seed.

What I know is the sun rises
so warm and red on Saco Bay,
that the Earth stays true, never lies.
I must do my work day by day.



Fall 2010 FBES Program Statistics

This Fall Ferry Beach Ecology School has:

Hosted 1,609 students during residential programs

Hosted 854 students during day program field trips

Visited 1,037 students during outreach programs

Hosted 503 people at our Nature Island Event

Worked with 4,453 adults and children
(including 450 parent chaperones)

Worked with 31 schools

More Grant Support for FBES Programs!

- Quimby Foundation - \$20,000
Science & Ecology: Live and Unplugged!

- Sam L. Cohen Foundation - \$15,000
Science & Ecology: Live and Unplugged!-Biddeford

- L.L. Bean - \$2,500
Science & Ecology: Live & Unplugged!

- John Sage Foundation - \$2,000
Science & Ecology: Live and Unplugged!-Biddeford

- TD Charitable Foundation - \$1,000
Program Fund

- Wing-Benjamin Trust Fund - \$500
Program Fund

- Hannaford - \$500
Food For Thought

THANK YOU FUNDERS!

Welcome New Board Member Kelly Towle!

Ecology Education, Inc. is delighted to announce the appointment of Kelly Towle as the most recent addition to the Board of Directors. Kelly is currently an environmental educator at Maine Audubon where she is responsible for coordinating the school collaborations program, an after-school program in partnership with Portland Parks and Recreation and the summer day camp program.



Kelly holds a BA in Biology from Bates College and an MS in Environmental Studies from Antioch University New England. Kelly grew up in Maryland, bounced all over New England for several years and now is happy to call Maine home. Kelly’s career experience includes three terms as a teaching naturalist at Ferry Beach Ecology School in 2003 and 2004.

Kelly is passionate about environmental education. “I support the mission of Ferry Beach Ecology School because I believe that it does the vital work of reminding children that the world they live in is more exciting, more interesting and needs them infinitely more than the world of TV, internet and video games. I love getting kids outside and engaged in the beautiful, complex, magical world right outside their door.”

We couldn’t agree more. Welcome aboard, Kelly!



Ecology Matters Newsletter is published twice a year by Ferry Beach Ecology School Staff including: Drew Dumsch, Executive Director • Maureen Duggan, Associate Director • Alexandra Grindle, Residential Program Director • Meg Edstrom, Outreach Director • John Ibsen, Assistant Director & *Food For Thought* Coordinator • Krysta Zambroski, Program Naturalist

FBES is operated by Ecology Education, Inc. an educational non-profit 501(c)(3) organization led by an all volunteer board of directors which includes: Ken Barber, president • Mike Hansen, vice president • Timothy Sullivan, treasurer • Steve Grindle, secretary • Susan Gentile • Bob Murphy • Marc Lavoie • Zach Smith • Kelly Towle.

Since 1998, Ferry Beach Ecology School has brought quality ecology education programs to more than 75,000 children and adults throughout New England. In everything we do – residential programs and field trips on our campus, outreach and workshops at schools, camps and publications – we accentuate the magic, mystery and wonder of nature so that children and adults can better understand and care for the environment.

We welcome your comments and contributions. Send them to Drew at drew@fbes.org or by mail to the address below.

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Whole Foods Support for FBES

Ferry Beach Ecology School would like to express our sincere gratitude to Whole Foods Market in Portland. Whole Foods Market has proven to be an amazing community partner over the past year:

June 2nd - Ferry Beach Ecology School hosted a group of Whole Foods Market team trainers for a full day of ecology workshops. Whole Foods Market Marketing Team Leader Barbara Gulino says that this training was a great team building experience and will go a long way to benefit Whole Foods Market employees and customers. "Our employees took away great information about sustainability and leadership. Plus they were able to get an up close and personal look at one of the local nonprofits Whole Foods Market supports."

June 5th - Whole Foods Market, a sponsor of FBES' Saco River Canoe-A-Thon and River Clean-Up, provided food for the celebratory BBQ luncheon.

June 9th - Whole Foods Market selected Ferry Beach Ecology School to be the recipient of 5% of the store's net proceeds on June 9th. Customers at Whole Foods Market in Portland made contributions to Ferry Beach Ecology School simply by shopping there that day. The grand total of the money collected for Ferry Beach Ecology School was \$6,812.66, the largest amount brought in by a 5% Day event in the Portland store to date!



Whole Food's Nancy Chavenson and Team Leader Barbara Gulino at Eco Appetito.

September 19th - Whole Foods Market, a sponsor of Eco Appetito, hosted a food station complete with artisan breads, scrumptious hors d'oeuvres, and decadent desserts.

Whole Foods Market Portland believes in being an active participant in the local community and dedicates their community support to non-profit organizations and schools that improve the quality of life for Maine citizens. Ferry Beach Ecology School is very thankful that Whole Foods Market has been such a strong advocate for our programs, especially our *Food for Thought* programs.



Executive Director Drew Dumsch leads Whole Foods employees to the beach during an ecology workshop held at the Ferry Beach campus.



Board President Ken Barber tabling at Whole Foods Portland during the 5% day for Ferry Beach Ecology School.

Ecology Matters



"I just wanted to express to you all many thanks and kudos for giving our kids such a wonderful learning experience. From the minute they woke up to when they finally hit the sheets at the end of the day, our kids were engaged and excited about the environment around them."

- Alicia Mercier, parent chaperone on a 5th grade trip to FBES from Wilton, NH

Letter From a Happy Teacher

Dear Alex, Johno and all the Ferry Beach Ecology School Crew,

Thank you very much for all you did for us during our stay at Ferry Beach Ecology School. I was particularly impressed by the helpfulness and friendliness of the staff. I loved the games that taught science concepts to kids in a way that made them easy to remember, and I especially enjoyed seeing how engaged the kids were as they participated in day and evening classes!

Some of the games that really stuck with the kids, the ones they have been talking about in our science classes for weeks after we got back, are "Fox," "Bat & Moth," and the hand motions, sayings and songs that went along with learning the planets in our solar system. I didn't get to directly observe the game "Fox," so it was gratifying when, in each section of science, there were several kids who not only remembered how to play the game, but were excited to explain to me how to play it. No matter where you are, that's good teaching!

I think the best part about FBES, though, was watching the engaged kids: seeing tough sixth graders let down their guard and be silly while learning something or seeing the kids who felt safe enough to take risks I didn't expect. Of course I also loved seeing kids with notebooks in hand, writing on the beach and in the woods! As a teacher I know you can write anywhere, but it was great to see them doing it . . . maybe they'll retain the idea that writing isn't just for the classroom. I hope so!

I really had a great time at FBES, largely due to you, the people who make Ferry Beach Ecology School the cool learning environment that it is. You made learning fun for the RSU 16 students (Poland, Minot and Mechanic Falls, Maine) by creating educational games that captured students' attention and interest. I won't forget the looks on their faces as they were watching the dune grass and sand take on the waves and jetty [in the "Beach Erosion Wrestling Skit"]! Thanks for such a memorable experience!

Sincerely,

Amy Kimball, Sixth Grade Science Teacher, Poland Community School



3rd Annual Eco Appetito a Success!

The 3rd Annual Eco Appetito was moved from a spring event to a fall event and held at Cinque Terre restaurant in Portland on Sunday, September 19th. The event was a huge success, raising \$5,507 for Ferry Beach Ecology School's *Food for Thought Program*. Chef Lee Skawinski, Sous Chef Chris Geer and the staff at Cinque Terre outdid themselves by creating mouth watering culinary creations from food donated by local vendors. The Maine-produced beverages were the perfect way to wash down all those tasty dishes.



"Survivor" Bob Crowley with Outreach Director Meg Edstrom at Eco-Appetito.

"We ate a lot of good and healthy food up here in Maine. We should try some of these foods at our school and we should try to eat family style. We should really go outside for about 30 minutes because it helps us get our energy out and helps us think better in class!"

- Kasie
6th Grade Student
Warren Community Elementary School, West Warren, MA



One of the fabulous volunteers, Michelle Yaeger from UNUM, serving corn chowder shooters at the event.

More than 100 people attended Eco Appetito and had the opportunity to sample the best of local food and beverages and bid on fantastic silent auction items. Music was provided by Sam Southworth.

"Survivor Gabon" show winner Bob Crowley, a former science teacher from Gorham, Maine, was on hand to chat about his experiences in nature. The Ferry Beach Ecology School players entertained the audience with their skit "Garden Survivor: Ferry Beach."

Proceeds from Eco Appetito support FBES' *Food for Thought Program*. Given that there is a growing local and national focus on healthy food choices and getting children outdoors, funding for Ferry Beach Ecology School's *Food for Thought* program is especially critical.

We sincerely thank our lead Eco Appetito sponsors Cinque Terre and Whole Foods Market Portland as well as all the vendors who participated, the businesses and individuals who donated auction items, our volunteer wait staff (many of whom were staff alumni) and entertainment. And, of course, we thank all of the folks who attended the event and joined us in a celebration of locally produced food and beverages. To see more photos of the event and a complete list of sponsors visit www.fbcs.org.

Organic Garden Expansion



Food for Thought Coordinator, John Ibsen, building a new compost system in the garden

Nationwide there is a growing focus on food sustainability and healthy lifestyle choices, which make Ferry Beach Ecology School's *Food for Thought Program* more relevant than ever. As our *Food for Thought Program* grows to meet the needs of our students, our organic teaching garden and compost are also growing. Last spring we added 500 square feet (seven beds) to the garden and planted more varieties of vegetables, fruits and flowers. In the past few weeks, we have dismantled the old compost bins and constructed new, larger, more efficient compost bins provided by a \$500 gift

from Hannaford. This year our garden yielded 700 pounds of produce. Some was used to create salads and meals in the FBES dining hall, much of it was sampled by the FBES students and a portion of the harvest was donated to a local food bank at The Most Holy Trinity Church in Saco, Maine.

The *Food for Thought Program* is a vital component of the ecology and sustainability lessons at Ferry Beach. The *Food for Thought Program* connects students to what they eat by unraveling the ecological story of food from soil to plate. It's astounding to note how many children have no idea where their food originates. Oftentimes they don't make a connection between their food and a farm or garden and assume food simply comes from a store or factory. Our goal is to help students understand their role in food production and consumption and then bring what they learn back to their homes, classrooms and communities.



Sept. 24-26: Maine Organic Farmer & Gardener Association's Common Ground Country Fair, Unity, Maine — Wow, we got an awesome spot for our display table in the all new "School Zone" tent. It's our 9th year at Common Ground and such a great gathering to get out the word about our programs including *Food for Thought*. Johno (the FFT coordinator) and several of the naturalists did an amazing "Wizard of Ag" skit on The Sunflower Stage with Johno doing a frighteningly effective job as the "Wicked Witch of Monoculture" that only Lindsay Beene's perky, positive turn as Dorothy could counterbalance!

Sept. 29-Oct. 2: North American Association for Environmental Education Conference, Buffalo, New York — Spent the first day meeting with The Affiliates Group, leaders of the state environmental education organizations from across the country. We're all working on creating Environmental Literacy Plans for our own states and it is encouraging to know that good work is being done nationally to promote healthy, sustainable communities. Took a great NatureBridge workshop on "Empowerment Evaluation" which we've actually been doing at Ferry Beach for 11 years... I just didn't know there was a name for it!

Oct. 14-16: Ecological Society of America's Ecology & Education Summit, Washington, D.C. — Meg Edstrom and I flew down to D.C. to spend a couple of days brainstorming with ecology researchers, environmental educators, teachers, federal officials and leaders from some of the biggest environmental organizations in the U.S. Our goal? To have all our colleagues embrace the FBES mantra— *Ecology is for Everyone!*

Oct. 21-25: *Meg Edstrom's 3 State, 3 Conference Blitz:* Massachusetts Association for Science Teachers, Boxborough, Massachusetts (Oct. 21-22), New England Environmental Education Alliance Conference, Fairlee, Vermont (Oct. 21-23), New Hampshire Science Teachers Association Conference, Bartlett, New Hampshire (Oct. 24-25) — Wow, Meg's doing three conferences in a row with a MAST assist from Johno. This really is beginning to feel like an extended rock tour! FBES is one of the lead sponsors of the New England EE conference and Meg and I did an inspirational "Narrative Education: Using Storytelling Techniques to Enhance Environmental Literacy" workshop. I was also elected to serve as Treasurer of the NEEEA board.

Oct. 29: Boston Youth Environmental Network, Boston, Massachusetts — FBES currently scholarships residential programs for low-income Boston-area elementary schools from Brighton, Roslindale, and Roxbury and the BYEN gathering allowed us to meet even more potential client schools and teachers. And it ended up being a small FOAM (Ferry Beach Ecology School Order of Alumni Masters) reunion with Ben Driscoll from Massachusetts Audubon, Chamberlain Segrest from "E" Inc., Nathan Schumacher from the Appalachian Mountain Club and Franey Hart Slater from City Sprouts— all former FBES staff naturalists!

Nov. 12: Maine Science Teachers Association Conference, Gardiner, Maine — As we go to press for this newsletter, Meg is preparing her workshop "Integrating the Teaching of the Science of Ecology throughout the Curriculum" to present on our last day of the FBES Fall Term 2010.

We've racked up the miles to attend eight regional and national conferences in just under two months, all of them perfect venues to network and spread the message that *Ecology Rocks!*



"I just wanted to take a quick minute to let you know how much we appreciate your administrative staff. They are all willing to go over and above to make sure that our staff and kids have what they need to feel welcomed and comfortable."

- Jeremy Rathburn,
6th Grade Teacher
Emerson Middle School
Fitzwilliam, NH

The Many Faces of SELU

Here's a look at some of the ways the "Science and Ecology: Live and Unplugged!" programs work with schools to provide multi-year ecology programming!

(middle top) Outreach Director Meg Edstrom during a teacher workshop for SELU schools



(middle bottom) Students watching "Ecology Takes the Stage" our interactive assembly program



(above) A SELU student from Lebanon, Maine mucking in her schoolyard during a 3rd grade school visit



(above) Program Naturalist Krysta Zambroski, showing a SELU student how to take a soil core during a FBES visit



“When my mom said, ‘You will come back with more than you left with’, she was right. I came back smarter with knowing how dogs can smell so well, and now better table manners, but best of all . . . memories.”

- Erin
6th Grade Student
Poland Middle School
Poland, ME

Naturalists' Corner



FBES Staff Fall 2010

Back Row Left to Right:

Residential Program Director Alex Grindle, Nurse Linda Newell, Brad Pillen, Wick Prichard, Matt Duddy, Executive Director Drew Dumsch, Assistant Director John Ibsen, Program Naturalist Krysta Zambroski

Middle Row Left to Right:

Associate Director Maureen Duggan, Jessica McMahon, Megan Connor, Lindsay Beene, Charlie Creagh, Andie Bisceglia

Front Row Left to Right:

Sarah Trapido, Becca Taylor, Laura Hughes, Katie Hyman, Carol Achieng Odera, Katie Aspen' Gavenus, Outreach Director Meg Edstrom

Front and Center:

Mike McGee

Naturalist Notes:

Seeing in the Dark

By: Sarah Trapido
Staff Naturalist

We had only known each other for about 36 hours. Shortly after a calm rendition of the song “Bats Eat Bugs,” I realized my students were terrified of entering the woods at night. Their concerns turned to “what if” questions (such as “What if we find a rabid raccoon and it bites us?”) and before I knew it, we were the only group still standing in our meeting spot. I grew frustrated by the students’ delay of the lesson. But then I thought about all the stories of wolves and bears hurting people and fairy tales that have haunted me before bed time, and understood the wrinkled foreheads and knotted stomachs in front of me. After a bit of coaxing and promising to stay close together, we began fox walking towards the woods.

We walked from the pavement to leaves, and the street light became blocked by trees. I told the kids that because we can’t see as well as in the day, we can focus on our other senses more to tell us about where we are. “The ground here is softer.” The walk away from the light allowed our eyes to adjust, and when we reached a small grove off the forest trail the students told me that they were able to see, even boasting that their vision was keen. We sat down to play sensory games that helped explain the adaptations of nocturnal animals. “My dog does always lick his nose in new places,” said a boy in response to experiencing how scent is trapped by moisture.

With our hands cupped around our ears, we listened to the sounds of the night: birds calling out, the wind moving through the trees, the waves crashing in the distance, leaves falling. Nature at Night taught us about how other animals experience the dark and our eyes’ own limitations, but that the night doesn’t have to be a scary place. Our lesson drew to a close and we walked out of the forest. The students talked and laughed with each other. The fear was gone. They could see through the darkness.



Sarah Trapido is a second term naturalist at Ferry Beach Ecology School. She hails from the urban jungle of New York City. She studied at Connecticut College and received a degree in Gender and Women’s Studies.

New Dining Hall Construction Begins

The landscape continues to change here at the Ferry Beach campus. Most recently, the foundation was poured for the new dining hall which is being built by the Ferry Beach Park Association where the former staff cabins were. We’re hopeful Rich O’Brien and his Pangea Food Service will be serving up their delicious meals in the new dining hall by the beginning of the summer season. The former dining hall will be converted into much needed meeting space and a computer/media center.



The site of the new dining hall at Ferry Beach with a concrete truck pouring the new foundation



Locals “Walk the Plank” to Nature Island

October 16th marked the 5th year that Ferry Beach Ecology School transformed Jubilee Island Park in Saco into “Nature Island.” “Nature Island” is a magical adventure for area children and their families as part of Saco Spirit’s annual Pumpkin Harvest Festival.

This year “Nature Island” had a pirate theme and children made pirate hats from recycled newspapers, participated in a pirate scavenger hunt, built gnome homes with sticks, learned about composting and gardening, and were entertained by the Ferry Beach Ecology School staff with educational skits. The donation of milk from Oakhurst Dairy and a visit from Oakie the Oakhurst Acorn added to the festive and family-focused atmosphere.

Without the support of our sponsors, FBES would not have been able to participate in this event and share exciting ecology games, crafts and skits with over 500 area children and adults. Thank you to lead sponsors Saco & Biddeford Savings Institution and Ferry Beach Park Association as well as to our supporting sponsors Oakhurst Dairy, KeyBank and Independence BioFuel.



Child folds his eco-pirate hat in the arts & crafts area at Nature Island.

Ferry Beach Ecology School is committed to getting people outside to appreciate their natural environment and “Nature Island” provides us with the perfect opportunity to do just that. It was a true delight to watch families enjoying the beautiful outdoor autumnal setting of Jubilee Island and appreciating the nature treasures in their own backyard.

“Dear Journal, This was too cool. I got to hold a crab! It was white. I wonder what kind of sea creature I will get to hold today? I can’t wait!”

-3rd grade student class journal Conway, NH

Successful Summer Camp Season

This summer we had four different camps - our most to date!

Our Family Day Camp and our new “Exploring the Maine Coast” week long residential camp, a partnership with the Ferry Beach Park Association, gave families a chance to explore together. Our two sessions of Garden Nature Camps had a total of 31 campers – another record! Next summer we’ll be offering three sessions of Garden Nature Camps, a Family Day Camp, and another week of “Exploring the Maine Coast.”

We are excited to announce that this summer one of our campers, Treisha, traveled all the way from the Bronx in New York as part of the Fresh Air Fund Program. She joined fourteen other youngsters at Garden Camp in August in the FBES organic teaching garden. In addition to learning about plants, flowers, vegetables and the nutrient cycle, all the campers had fun exploring the forest, dunes and freshwater ecosystems on the Saco Bay campus.



Summer camper Lucy working as a “water wizard” during garden task time.

11th Annual Canoe-A-Thon & Saco River Clean-Up



Naturalist Mike McGee does his part by picking up trash along the shore.

The 11th Annual Canoe-A-Thon and Saco River Clean-Up was scheduled for Saturday, June 5th with a rain date of Sunday, June 6th. Just our luck: that was the only weekend all spring with thunder, lightning, high winds and rain on both days! Unfortunately, we had to cancel the clean-up in the interest of safety. However, although we didn’t venture out onto the water, we did manage to collect some trash along the shore. Our high-energy, ambitious volunteers showed up despite the foul weather and had a fantastic time at the celebratory BBQ luncheon where all the food, drinks, and paper goods were provided by Whole Foods.

Special thanks to the event sponsors – Rotary Club of Saco Bay, Starbucks, Worthing & Going, Prime Auto and Whole Foods. Sponsorships and pledges of the 11th Annual Canoe-A-Thon and Saco River Clean-Up totaled \$2,179 for the FBES Program Fund.

Annual Appeal

Please help us reach our \$15,000 goal by December 31st!

"We know a good cause when we see one! You've inspired us to be better stewards of the earth ourselves. BRAVO!"

- Nancy & Steve Bachler,
FBES Supporters

We love reading the notes of encouragement you send with your donations.

If you haven't received an Appeal letter and would like to donate to the FBES Program Fund, please contact Maureen Duggan at 207-283-9951 or simply donate online at www.fbes.org.



Happy Retirement, Nurse Linda!



Nurse Linda being escorted to her farewell party by staff naturalist Brad Pillen

It is with ample gratitude and sadness that we say good-bye to our on site registered nurse, Linda Newell. Nurse Linda has been with Ferry Beach Ecology School for the past seven terms. After lovingly caring for thousands of children here at Ferry Beach since the fall of 2007, Nurse Linda has decided to retire.

Linda became a registered nurse in 1961 and also has a degree in psychology. Her skills enabled her to cater to any medical issues at FBES including injuries, allergies and administering medications. She says that one of her favorite things at Ferry Beach has been Dinner Theater presentations. Linda is a firm believer that laughter is the best medicine and she loves how the FBES naturalists share humor with their students.

Even in retirement, Nurse Linda will be a busy lady. She plans to volunteer at the Loranger Middle School in Old Orchard Beach assisting the school nurse, continue researching her family genealogy, and spending more time with her children and grandchildren.

Thank you for all your "tough love" Nurse Linda. Happy Retirement!

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